# Senior Citizens Advisory Committee Wednesday, August 18, 2010 Town Hall, Old Town Road 10:30 a.m.

Present: Chair Gail Pierce, Dorothy Graham, Janet Merritt, Linda Spak, William Wilson, Sandra Kelly and Mimi Leveille. Marguerite Donnelly and Betsy Theve were absent. Deputy Town Clerk Millie McGinnes was present for the recording of minutes.

Gail Pierce called the meeting to order at 10:30 a.m.

# **Approve Minutes of July 21, 2010 Meeting**

Ms. Leveille moved to approve the minutes of July 21, 2010 as submitted. Ms. Graham seconded the motion and it carried.

6 Ayes (Wilson, Kelly, Graham, Pierce, Leveille, Spak) 0 Nays 3 Absent (Merritt, Donnelly, Theve)

#### **FISH**

Ms. Pierce stated that FISH was operating smoothly.

She explained that there will be an upcoming future need for social service when the state nurse position no longer exists. The committee will research available senior services and how other communities address such need. Ms. Leveille will contact South County Community Action for information. The committee will write a letter to the Town Council regarding the situation following their research.

Later in the meeting the following suggestions were made:

- FISH may be able to help shuttle the physical therapist from the South County Visiting Nurses from house to house as needed.
- When alerted, FISH could call and offer services to those in need.

#### **Senior Moments**

It was suggested that a future article concentrate on the senior aerobics instructor Cindy Kelly.

## **Update on Activities:**

## **Senior Aerobics**

Senior aerobics will begin on Wednesday, August 25, 2010 from 11:00 a.m. to noon, instructed by Cindy Kelly. The further schedule will be set the 25<sup>th</sup> session.

#### **Swimming Pool**

Ms. Spak reported that she has a call into the President of the Neptune House Owners Association, but she has yet to hear back.

## New Fall Activities

The following new fall activities were discussed:

• Tuesday, September 21, 2010 there will be a trip to Stone Ridge assisted living facility in Mystic, CT coupled with a stop at Clyde's Cider Mill. Recreation Director Closter will take the recreation van off for the trip.

- A future trip to the Elms assisted living facility in Westerly will be planned in the late fall.
- The driving course has been advertised in the paper and flyers have been posted. Nine participants have signed up at this time.
- A walking group to begin September 9, 2010 at 9:30 a.m. at Heinz Field will be advertised in BI Times Around the Block.
- Ms. Pierce will put together for distribution a calendar flyer highlighting the upcoming activities.

# **Community Bulletin Board**

Ms. Kelly stated that she and Ms. Merritt were working out the final glitches of the Community Bulletin Board program and expect an October 1<sup>st</sup> launch.

# **Providing Seniors with Safety Devices**

Ms. Pierce will continue to look for 1<sup>st</sup> Alert products.

#### **Update Senior Moments Brochure**

This item is presently on hold.

#### **New Business**

There was no new business.

Ms. Merritt joined the meeting at 11:12 p.m.

# **Public Input**

There was no public input.

#### **Next Meeting Date**

The next meeting is scheduled for September 15, 2010 at 10:30 a.m.

At 11:18 p.m., Ms. Graham moved to adjourn. The motion was seconded by Ms. Kelly and carried unanimously.

Millie McGinnes
Deputy Town Clerk

Approved: September 15, 2010